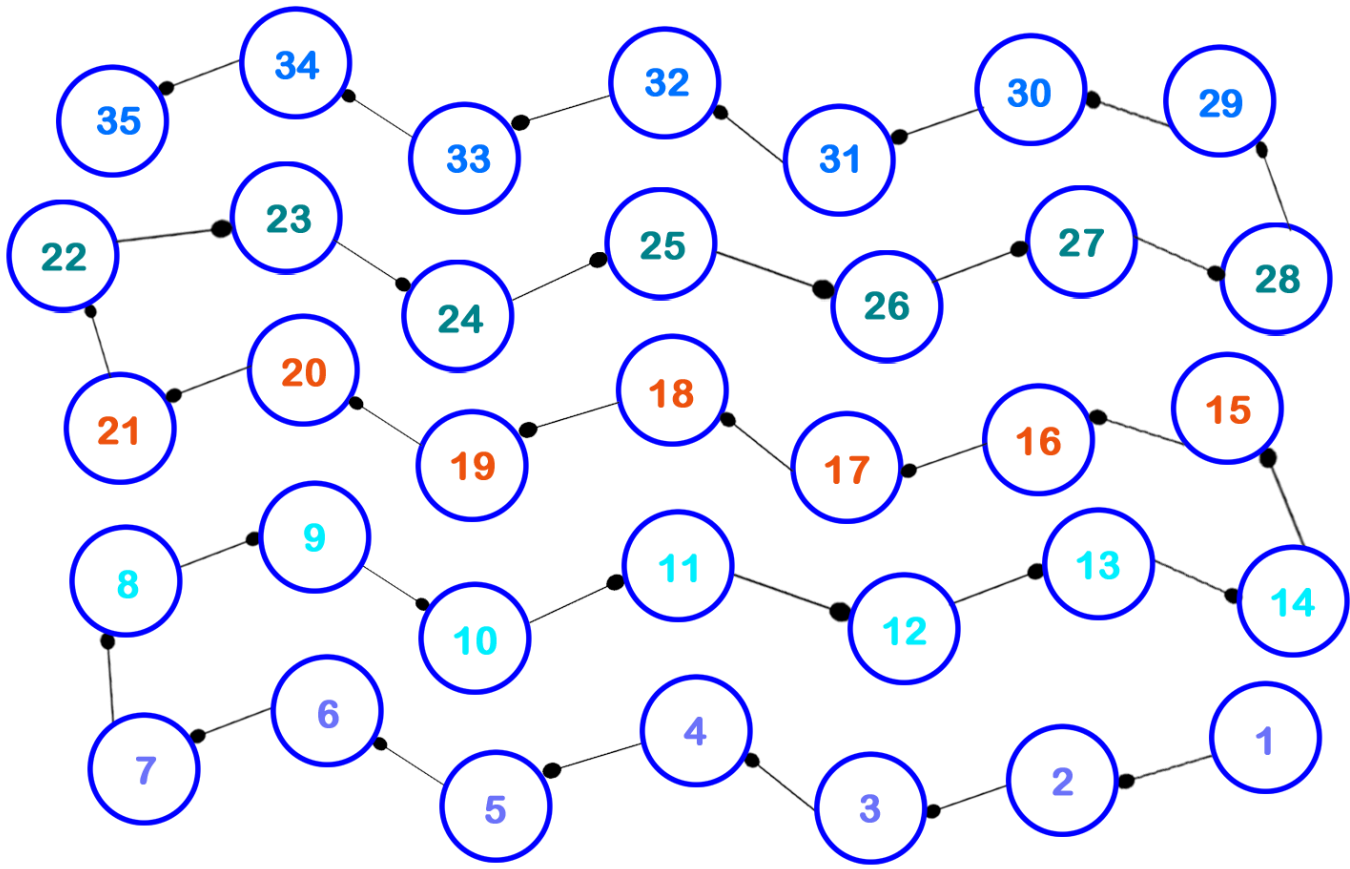


Aðalæfingar



Grunnæfingar

